

## **2 Day Certification in Emotional CPR (eCPR) February 20 & 21, 2017 Participant Agenda**

Training Team: Tom Murray, Reid Smithdeal, and Donna Pollard

### **DAY ONE (1) 9:00 AM - 5:00 PM**

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| 9:00 – 10:00 AM  | Introductions and Community Agreement  |
| 10:00 – 11:00 AM | Overview of Agenda, Introduction to eCPR, the 6 Foundations of eCPR, Features of Dialogue            |
| 11:00 – 11:15 AM | BREAK  |
| 11:15 – 11:30 AM | Preparing yourself for eCPR  |
| 11:30 – 12:30PM  | Introduction to Connecting & Demonstration Trainers Connecting Practice #1                           |
| 12:30 - 1:15 PM  | LUNCH  |
| 1:15 - 2:45 PM   | Participants Connecting- Practice #1   |
| 2: 45 – 3:00 PM  | BREAK  |
| 3:00 – 3:45 PM   | Introduction to empowering & Trainers Empowerment -Practice #2:                                      |
| 3:45 - 4:45 PM   | Participants empowerment Practice Scenario #2  |
| 4:45 - 5:00PM    | Group discussion of emPowerment- Practice Scenario #2;_What went well today, what could be improved? |

### **DAY TWO (2) 9:00 AM - 5:00 PM**

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| 9:00 - 9:30 AM   | Welcome, Get Centered. Essential Revitalization processes     |
| 9:30 -10:00 AM   | Revitalization- Trainers Practice Scenario #3                 |
| 10:00 -10:30 AM  | Participants Practice Scenario #3                             |
| 10:30 – 10:45AM  | BREAK   |
| 10:45 - 12:15 PM | Participants Practice Scenario #3 <u>(cont.)</u>              |
| 12:15 - 1:15 PM  | LUNCH   |
| 1:15- 1:45PM     | Group Reflecting Process discussion Q & A (everyone together) |
| 1:45 – 4:00 PM   | Participants Practice Scenario #3 (cont) with break           |
| 4:00-5:00 PM     | Q & A, Next Steps discussion, Closing Circle, Evaluations     |